



Awareness Hypnosis

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APPOINTMENT AND RATE POLICIES

I commit to applying all of my skills and knowledge as a consulting hypnotist to assist you in reaching your stated goal(s). Our work together is totally confidential and will not be shared with anyone else without your express, written permission. The only exceptions to this are in the event that you tell me you have or will do harm to yourself or someone else, or if I am subpoenaed by a court of law.

If you are seeing me for a previously diagnosed condition then I will need to notify your diagnosing physician that you are seeking hypnosis. I do this out of respect for the medical community, as a courtesy to your physician, and to safeguard my practice. This does not mean that I will share any confidential information. **The only information that is shared with this notification letter is your name, date of birth, and the reason you are seeking hypnosis.** If your physician has any concerns about your seeking hypnosis for the diagnosed condition, then I will be unable to work with you unless you obtain a written agreement from your physician.

I do not guarantee your success, as that is determined not only by the techniques I use, but primarily by your deep commitment to your goal and your willingness to do all that you can to ensure your success. This includes allowing yourself to relax, following through on suggestions, and using any additional materials given to you during the sessions.

I have packaged hypnosis sessions into series of appointment because hypnosis is most effective with frequency and repetition. When you pay for a package of sessions you get a discounted rate. **For this reason, the package rates are due and payable at the time of the appointment.** For your optimum benefit it is recommended that you schedule your appointments no more than a week apart. Weekly sessions reinforce the suggestions even more. Package Rates are as follows:

Three Sessions -----	\$180
Four Sessions -----	220
Senior Three Sessions -----	160
Senior Four Sessions -----	180

Included in all sessions are suggestions to enhance self esteem and successful thought patterns. However, we will not work on multiple goals at once. If you have, for instance, two or three goals that you want to work on, you will need to schedule them as separate series of appointments.

You will have three months from the date of the first appointment to complete your series of appointments. If you do not schedule the remainder of your appointments within that time, I will contact you to find out where to send your refund. If I am unable to contact you then you will forfeit the refund.

In the event that you complete some of the sessions in your package and feel that you have reached your goal or no longer wish to continue, I will refund the remainder of your sessions at the discounted rate.

Your signature guarantees that you have read and understand these policies.

Signed

Date